

Waterpik vs. Dental Floss

Waterpik 	Dental Floss 
<ul style="list-style-type: none">• Gentle on the gums and is less likely to cause bleeding in people with sensitive gums	<ul style="list-style-type: none">• Floss is effective for cleaning tight spaces between teeth and will also scrape up and down the sides of each tooth.
<ul style="list-style-type: none">• Ideal for those who wear braces - water will get behind the metal wires and flush out food particles	<ul style="list-style-type: none">• Floss does not set off temperature sensitivity. Waterpik is filled with water that could cause sensitivity to your gums.
<ul style="list-style-type: none">• The Waterpik costs under \$50 for most models.	<ul style="list-style-type: none">• Dental floss costs less than \$5.